



LISTEN  
LEARN  
NETWORK  
GROW



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**Q.** What is your favorite quote?

**A.** Be humble. Be Curious. Lead by example.

**Q.** What does success look like to you?

**A.** Success can be achieved at any level. It is about being personally satisfied with who you have become and where you are at in life.

**Q.** What is your mini escape or your best stress reliever during a busy or stressful time?

**A.** A fantastic workout

**Q.** Complete this sentence: "I wonder what it would be like to live in a world where..."

**A.** ...jealousy doesn't exist, people are respected for who they are, what they value, and how they collaborate to make anything possible.

**Q.** As you get older, what is the one thing you know for sure?

**A.** Work will always be work, family is forever. 'Balance' looks different for everyone...find your own and be happy with it.

**Q.** What are you most grateful for?

**A.** Incredible spouse, healthy and happy kids, strong support network both personally and professionally

**Q.** What have you let go of that changed your life the most?

**A.** Self-improvement is a journey and not an end result. I have learned that it is most important to let go of how others judge me as a person. What matters most is believing in yourself and staying true to your own values.