



LISTEN
LEARN
NETWORK
GROW



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Q. What is your favorite quote?

A. Some women fear the fire. Some women simply become it.– *R.H. Sin*

Q. What does success look like to you?

A. Happiness

Q. What is your mini escape or your best stress reliever during a busy or stressful time?

A. Dance fight with my kids or reading a book and drinking a glass of wine.

Q. Complete this sentence: "I wonder what it would be like to live in a world where..."

A. ...cheese didn't have any calories.

Q. What is your best comfort food?

A. Cheese

Q. As you get older, what is the one thing you know for sure?

A. To tell people how you feel

Q. What is the best song to sing in the car?

A. Islands in the Stream

Q. What are you most grateful for?

A. My family, friends and health

Q. What have you let go of that changed your life the most?

A. Fear of trying (thinking of the regret if I didn't try and having nothing to lose)