



LISTEN
LEARN
NETWORK
GROW



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Q. What is your favorite quote?

A. "If you're in complete control, you're going too slow."

Q. What does success look like to you?

A. To have made a valuable contribution to my community.

Q. What is your mini escape or your best stress reliever during a busy or stressful time?

A. Go flying – you get a much better perspective of the world.

Q. Complete this sentence: "I wonder what it would be like to live in a world where..."

A. ...everyone respected their fellow beings.

Q. What is your best comfort food?

A. Fresh baked bread – and I rarely have it.

Q. As you get older, what is the one thing you know for sure?

A. Change never stops.

Q. What is the best song to sing in the car?

A. 'We Gotta Get Out Of This Place' by The Animals

Q. What are you most grateful for?

A. Being born in Canada, in the circumstances I was.

Q. What have you let go of that changed your life the most?

A. Working for someone else.