



LISTEN
LEARN
NETWORK
GROW



**Mary Lou
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Q. What's the first thing you do after getting out of bed?

A. I plan my week on Sunday night and my next day the evening before so I get going on whatever that may be.

Q. What is the one thing you always make time for each day?

A. My family – whether it is sitting together for supper or making sure I get to the hockey game.

Q. Who had the biggest impact on the person you have become?

A. My parents. Both hard working, pragmatic and generous people.

Q. List one thing on your “bucket list” that you still need to do.

A. Too many to list – most involve travel and to buy my dream car.

Q. What's the last great book you read or are currently reading?

A. I use reading to relax. I mostly read fiction. Most recently read the entire *Cardinal* series of Canadian author Giles Blunt.