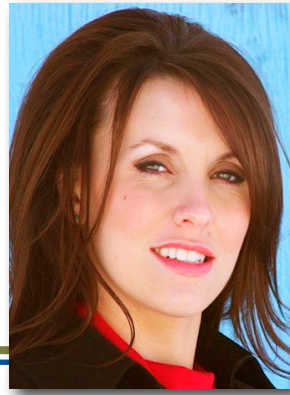




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Q. What's the first thing you do after getting out of bed?

A. Drink a big glass of water or brush my teeth. Actually, I'm a millennial – who am I kidding. I check facebook. THEN I drink a big glass of water and brush my teeth.

Q. What is the one thing you always make time for each day?

A. Reading. Even if it's just 5 minutes before bed or a few minutes in the morning. I usually have 2 books on the go – something more educational in the morning and a good mystery or thriller to unwind before bed.

Q. Who had the biggest impact on the person you have become?

A. Without a doubt, my dad. He taught me the importance of hard work and the satisfaction of getting something you earned. He's also the kindest hearted person I know and taught me the importance of treating everyone with respect and compassion, but to also be honest with them and not be afraid to disagree. His most common advice growing up was always "don't be afraid to stand up for what you believe in."

Q. If you could call up anyone in the world and have a one hour conversation, who would you call?

A. I feel like my answer on that could change daily, but right now I would say Emma Watson. I think she's a super sweet and intelligent person and I admire the work that she's done for gender equality. She's had a lot of influence around the world and I think there would be a lot to learn from her experiences. In reality though, I would spend half the conversation trying to educate her on the livestock industry and how avoiding livestock products is not beneficial to the environment or to animal welfare. She's not currently a vegan, but definitely has some misconstrued ideas about the industry. I'd love for a celebrity to one day understand that and use their platform to promote the livestock industry instead of constantly beating up on it due to the misinformation in their circles.

Q. List one thing on your "bucket list" that you still need to do.

A. Skydiving! So cliché. But I feel like it's one of those things you just have to try once.