



LISTEN  
LEARN  
NETWORK  
GROW



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- Q.** What's the first thing you do after getting out of bed?
- A.** Being retired my mornings are at a much more leisurely pace. I make a cup of tea and read the local newspaper on line and then watch various news stations with my favourite being the TODAY Show.
- Q.** What is the one thing you always make time for each day?
- A.** A long, hot bath is a must each day to help me contemplate either what I am about to do that day or what I have already done.
- Q.** Who had the biggest impact on the person you have become?
- A.** I am lucky to have had great parents as role models and continue to have a strong circle of both family and diverse friends. The biggest impact on who I have become would have to be my co-worker and friend for 45 years – Donald Ziraldo, Cofounder of Inniskillin Wines. I learned the most from him in so many different ways in both the past and the present-vision, leadership, commitment, strong work ethic and tenacity.
- Q.** If you could call up anyone in the world and have a one hour conversation, who would you call?
- A.** Of someone deceased, I would call up my Mother so I could share my professional success beyond my teaching career. She passed when I was still a teacher. Of someone living, I would love to chat with the very inspiring Michelle Obama-a woman who is strong, intelligent, leads by example and is an amazing role model to all age groups. She has so many messages in all she says and does.
- Q.** List one thing on your "bucket list" that you still need to do.
- A.** I don't really have a bucket list. I do know I want to continue visiting and revisiting as much of Canada as possible especially Newfoundland. I fell in love with Newfoundland. Our country has so very much to see and do and reinforces my pride in being Canadian.
- Q.** What's the last great book you read or are currently reading?
- A.** Megyn Kelly's book – *Settle for More*. It is a great read on tenacity, switching careers, working under pressure and amazing self confidence. Being in the field of PR and Communications, it was a fascinating read.