

Advancing Women

{ Life Skills for Leadership ~ Women in Ag Conference }



Get to know the speakers!

1. *On a normal work day, what time do you wake up?*

D: Well I never ever have a normal day. If I am filming it tends to be super early. While I am in Italy I am usually up by 7:30 with the noise of the renovation of my Tuscan villa going on around me.

2. *What's the first thing you do after getting out of bed?*

D: I hate to say it but I check my iPhone for emails, especially when I am in another country. I am in Italy now so I want to see who has been in touch over night.

3. *What is your go-to breakfast?*

D: A nice cup of PG TIPS English Tea. I'm not a big breakfast eater.

4. *How do you handle emails and social media?*

D: Kicking and screaming mostly. I do enjoy Twitter and try to tweet a couple of times a day. I have several Facebook sites. One is our Tuscan Getaway site where we post pictures of the retreats and the renovation. Then there is a Debbie Travis Facebook site which the office posts, and then I have one for Family - I think I have about 20 friends on this. It's really just a way of watching what my kids are up to. I am fantastic with email. I respond immediately mainly because if I don't I will forget. I also think it's a sign of respect - I hate being ignored through email.

5. *What is your best habit?*

D: Gosh I have so many! I do love to chat. I'm from the North of England and we talk a lot there so I love talking and telling stories.

6. *What is your worst habit?*

D: Gosh I don't think I have any! Well I interrupt all the time. I think my mind works so fast I have usually moved on before the person has had time to finish what they are saying. And if I am with people who don't like to interrupt then I talk non-stop as I seem to have the stage, whereas really they are just waiting for me to breathe so they can speak.

7. *Before the day ends, what's something that you try to do for yourself?*

D: My children are all over the world at the moment. By the end of the day I do like to Skype with them if we all can. I work and play with my husband all day so I don't really need to chat with him. I would say open a bottle of wine, but my New Year's resolution - again - is to try and drop this habit a wee bit. I've put in a glorious bathroom in Tuscany, so there's nothing like soaking off the dirt and dust in my new tub.



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